

MINISTRY

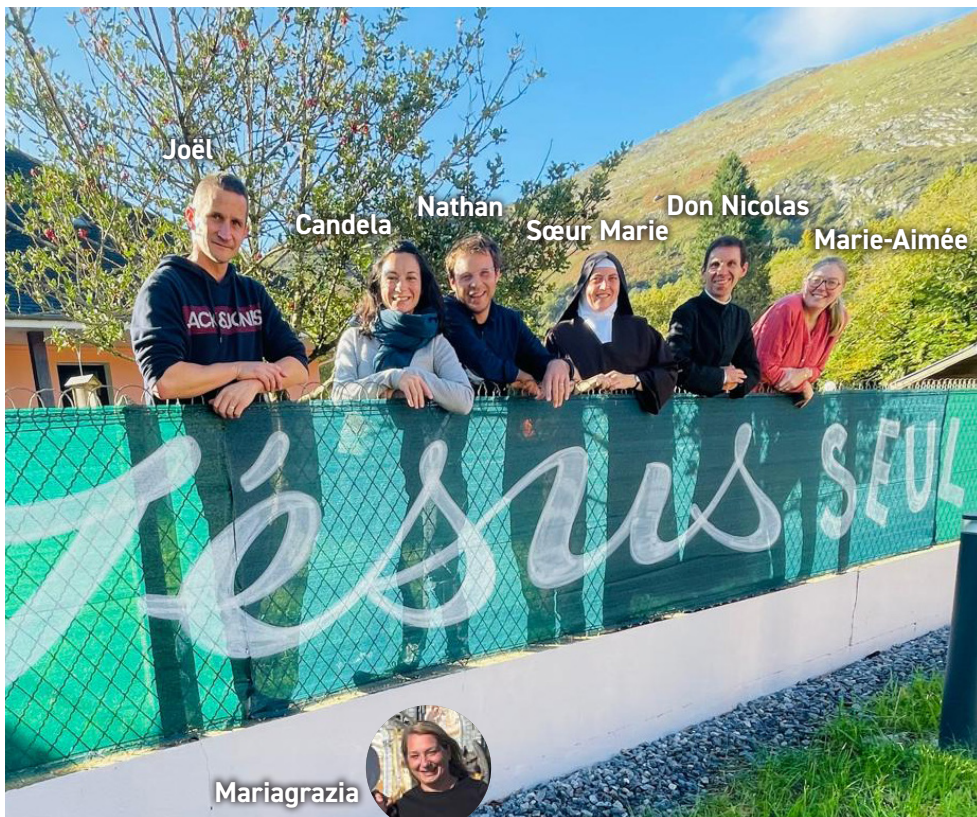
*for young people
and families* 2025



With Mary.
PILGRIMS OF HOPE
2025



LOURDES
SANCTUAIRE



Planning and booking of activities (pages 4 to 21)

Once you've registered on the platform, please contact Mariagrazia

<https://resa.lourdes-france.org>

sjeunes@lourdes-france.com / 05 62 42 78 38



« Welcome » to the Sanctuary of Our Lady of Lourdes»



Dear friends,

On behalf of the Sanctuary's Youth and Family MINISTRY, Happy and Holy Jubilee Year! This year is a year of hope, "a year of blessings from the Lord" (Is 61:2). May the God of consolation touch us, and may we experience his healing and uplifting love. Our Lady of Lourdes welcomes all those who are suffering and in need of healing, all those who want to devote their lives entirely to Jesus and ask God for strength.

With her divine smile and protective arms, she will lead us quickly and surely to her Son; and she will bestow on us graces beyond our expectations!

The team here continues to do its utmost to welcome you: the refurbishment of the youth village continues, the little house of Bernadette is being renewed to welcome families and their children even more effectively, new tours are being created... we're here to help you prepare for and enjoy your pilgrimage. May God bless you and keep you!

Don Nicolas

YOUTH MASS AT THE GROTTA



Dates: at 11am every Tuesday, in April, July and August



Duration: 1hr.



Description: Jesus invites you to experience the sacrament of the Eucharist through an intimate celebration led by and for young people. All languages and all countries welcome.



Location: at the Grotto

IN THE FOOTSTEPS OF BERNADETTE



Dates: Available all year round.



Duration: 1hr 30 approx.



Description: Walking "in Bernadette's footsteps" means discovering, from the places where Bernadette lived, the relevance of the Lourdes message for today's world. Walking in Bernadette's footsteps means walking with her, learning from Mary.

This tour can be tailor-made to suit the make-up of your group and the time you have available.



Location: parish church, presbytery and hospice).



RECOMMENDED TRAILS



Dates: Available all year round.



Duration: 1 hr 30 approx..



Description: Bernadette, the saint for the 21st century, inspires us in every area of our lives. We can think of her as our big sister, guiding us in our daily lives.

These trails can be followed on your own, according to the make-up of your group and the time you have available. They can be downloaded and printed from lourdes-france.com/jeunes-a-lourdes



Location: Sanctuary of Lourdes and town of Lourdes

Route 1
**In the footsteps of
Bernadette
From the family mill to
the Grotto**

Route 2
**Bernadette
and the signs
of Lourdes**

Route 3
**Bernadette
and the Sanctuary
The Basilicas**

Route 4
**Bernadette's vocation
The statues in the
Sanctuary**

CATECHESIS

WITH MARY, IN THE HOLLOW OF THE ROCK



Dates: Available all year round.



Duration: 45 min.



Description: This catechesis is available, followed by a visit to the Grotto of Massabielle to touch the Rock, to help further your understanding of the message of Lourdes. Please note: visits to the Grotto are not allowed during Mass (mornings).

The next suggestion is to pray the rosary with your group, in English, at the Grotto at 3.00pm.

CATECHESIS

FROM MUD TO PURE WATER



Dates: All year round.



Duration: 45 min.



Description: This catechesis is available, followed by a visit to the taps or Baths, to help further your understanding of the message of Lourdes. **Please note: for larger groups, please call 05 62 42 78 74 to confirm your reservation.**



The next suggestion is to explore the Museum of Miracles, on the second floor of the Jean-Paul II reception building. **To request a meeting with the doctor in the Bureau of Medical Observations, please contact him at bmedical@lourdes-france.com. Jean-Paul II.**

CATECHESI

FROM DARKNESS TO LIGHT



Dates: Available all year round.



Duration: 45 min.



Description: This catechesis is available, followed by a visit to the Chapels of Light where you can leave your prayer intentions, to help further your understanding of the message of Lourdes.



The following suggestions are:

- take part in the torchlight procession at 9pm from April to October, or the torchlight rosary at 8:30pm from November to March. Meet at the Grotto.
- experience the sacrament of reconciliation in the confession chapel.

OTHER CATECHESSES



Dates: All year round.



Duration: 45 min.



Description: Various catecheses are available, adapted to different groups of young people or children, to help further your understanding of the message of Lourdes,

1. The history of the apparitions and the message of Lourdes: 'Welcoming the Good News of the Gospel with Mary'.

2. Theme of the Jubilee Year: 'With Mary, pilgrims of hope'

3. Video on the life of Bernadette Soubirous and that of the Sanctuary, from 1858 to the present day (at the Information Centre).



HELPING TO LEAD THE ROSARY

AT THE GROTTTO



Dates: Every Wednesday, from April to August, a few children and/or young people from your group can take part in leading the rosary.
3pm: preparation - place to be confirmed
3.30pm: praying the rosary.



Duration: 1h



Description: Discover the rosary and learn to pray like Bernadette. This prayer was an important part of Bernadette's life, at every apparition and every evening with her family. It is a daily fixture for pilgrims at the Sanctuary.

PARTICIPATION IN THE PROCESSIONS AT THE SANCTUARY



Dates: Every day, from April to October, a few children and/or young people from your group can take an active part.
Preparation time is required at a location that will be confirmed with you.



Duration: 1hr 30 / 2hrs



Description: Capture a unique memory of:

- the offertory procession at the International Mass, every Wednesday and Sunday at 9.30am.
- The Eucharistic procession, every day at 5pm.
- the Marian procession, every day at 9pm.



GROWING IN YOUR CHRISTIAN LIFE WITH SAINT BERNADETTE



Dates: Available all year round.



Duration: 45 min.



Description: Retreats/reflections for parishes and schools for children and young people preparing for a sacrament:

- 1. Bernadette, child of the Father (Baptism and Profession of Faith)**
- 2. Bernadette and mercy (First Confession)**
- 3. Bernadette and the Eucharist (First Communion)**
- 4. Bernadette and the Holy Spirit.**



Location: Sanctuary

MISSION AND VOCATION THE VOCATION OF SAINT BERNADETTE



Dates: All year round.



Duration: 45-minute talk or half-day vocational time; programme to be drawn up in consultation with the Youth MINISTRY team.



Description: Discover your mission and vocation with Saint Bernadette, through:

- a talk followed by a discussion in small groups
- tours of the Sanctuary
- testimonies from consecrated persons
- a time of prayer



Location: Youth Tent



LITTLE HOUSE OF BERNADETTE CHILDREN & FAMILIES CENTRE



Location: In the Hemicycle (hall and small rooms upstairs), the 'Little House of Bernadette' welcomes children aged 0 to around 12, accompanied by their families, or their leaders and catechists.



Description: The aim of this centre is to help children grow in their desire to draw closer to God through the Virgin Mary, in the footsteps of Saint Bernadette.

A team of experienced activity leaders is on hand to accompany you throughout your time at our dedicated children and families centre.



Dates: Open all year round:
- spring holidays (April), summer holidays (July and August), autumn holidays: from Monday to Saturday, 10am to 12 noon and 2pm to 5pm, Sunday 2pm to 5pm
- during term time: Saturdays from 2pm to 5pm, and organised groups can visit every day by prior arrangement.



A range of fun and catechetical activities are on offer for the children

- Colouring on the theme of the apparitions and Saint Bernadette
 - Making a personalised candle shade for the torch-lit Marian procession
 - Making a personalised rosary with a short catechism on the rosary
 - Story of the apparitions: the beautiful story of Saint Bernadette and the apparitions told in a child-friendly way, with little characters to move around.
 - Various games to learn about the message of Lourdes and the life of Saint Bernadette (board games, puzzles, Playmobil of the grotto...)
 - Children's procession to the Garden of Reflection, opposite the Grotto.
 - New attractions for the 2025 season!
- There's a special area for toddlers (play mats, cubes) and a changing table and a microwave are available for families with babies.
The oratory at the entrance allows those who so wish to conclude their visit with a time of prayer.



Duration for groups: Allow 45 minutes to 1 hour for each workshop accompanied by a leader (making rosaries, candle shades, history of the apparitions, etc.).



WEDNESDAYS IN JUNE



Dates: Wednesdays 5th, 12th and 19th.



Times: between 10.30am and 4pm.



Description: On three Wednesdays in June, the Youth MINISTRY team is organising a day of pilgrimage for groups of children and their carers (from parishes and schools), as well as families.

Two times are available:

1 - Adoring Jesus in the Eucharist:

11am: Bernadette and the Eucharist

11.30am: Time of adoration

2 - Mary leads us to Jesus:

2.30pm: Bernadette's rosary

(make a rosary)

3.30pm: Praying the rosary at the Grotto



Location: Sanctuary

FAMILY SESSION 2025



Dates: for the 2nd year running, the Youth and Family MINISTRY team at the Sanctuary of Our Lady of Lourdes is organising a Family Session during the summer of 2025.



Duration: 5 days



A chance to be close to the Virgin Mary, with a programme specially designed for families: talks for parents, supervised activities for children, spiritual and pilgrimage sessions and social events in an atmosphere of friendship and fun!

More information to come on the Sanctuary website: dates, prices, accommodation and registration details.
www.lourdes-france.com/venir-en-famille-a-lourdes/



YOUNG PEOPLE'S VIGIL

YOUTH TENT



Dates: Every Thursday in April, July and August



Duration: 1 hr (9pm to 10pm).



Description: We offer an evening of praise and prayer centred on an encounter with Jesus (songs, talks/testimonies, adoration, sacrament of reconciliation, etc.).



Venue: Tent on the Prairie

For information: there is a reading area with sofas and comics and sports equipment, available for anyone to use and return ready for the next group. Thank you for your help.

TESTIMONIES

CENACOLO

Cenacolo was founded in Italy near Turin in 1983. It was founded by a nun (Sister Elvira) in response to the problems faced by many young people, lost to the world of addiction and frequently ostracised.
Contact: 06 43 20 82 06 / lourdes.cenacolo@gmail.com

VISITING THE OCH

Raising awareness of people with illnesses or disabilities through :

- > A testimony from a disabled person.
- > Support and advice for young people who have a parent, brother or sister who is ill or disabled.

Contact: 05 62 42 79 92 / lourdes@och.fr

EMOTIONAL, RELATIONAL AND SEXUAL EDUCATION

It is challenging to think about sex education at a time when sexuality is tending to become trivialised and devalued. It can only be understood as part of an education in love and mutual self-giving. In this way, the language of sexuality is not woefully trivialised, but clarified.
Contact: 06 10 73 31 06 / ears.diocese65@orange.fr



YOUTH VILLAGE



Located 10 minutes' walk from the Sanctuary, the Youth Village offers accommodation and catering services that are particularly well-suited to welcoming groups of young people and fostering an experience of community life. We have buildings with bedrooms or dormitories, a self-service restaurant, kitchens and refectories for hire, places for celebrations and vigils, campsites with showers and toilets, etc.

Total capacity: around 400 beds in buildings; 2,000 camping spaces.

Simple comforts, but green surroundings guaranteed.

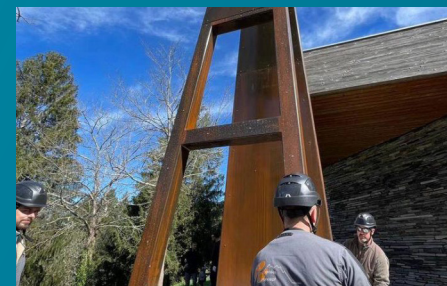
Information (Youth Village reception): Tel: 05 62 42 79 95
E-mail: village.jeunes@lourdes-france.com

WORK INFO

In 2023 and 2024, a number of projects have been launched: rooms for carers, PRM rooms, the creation of a village square, the construction of a city stadium and the building of a bell tower.

During the winter of 2024-2025, the Cana building will be completely renovated (60-bed capacity, creation of leaders' rooms, renovation of sanitary facilities), with the creation of a "presbytery" containing 7 priests' rooms. To continue improving the village, we need your support: we're counting on your generosity!

Information on:
<https://www.lourdes-france.org/vision-lourdes-2030/reamenagement-du-village-des-jeunes/>



Make a donation towards the work in the Village: <https://jeunesse.lourdes-france.com/shop/don>

SCOUTS



Every year, Lourdes welcomes a large number of scout groups of different nationalities and from all the different scouting movements. There's something for everyone at Lourdes!

The Sanctuary offers organised periods of service (caring for the sick, maintenance, accompaniment, etc.), discovery tours of Lourdes and its history, times of prayer, worship and meetings...

Just a few minutes' walk from the Sanctuary, the Youth Village offers a fully equipped area for camping (communal kitchen, fridges, showers, toilets, etc.).

We look forward to welcoming you to what will be an unforgettable personal and spiritual experience.

Contact: scouts@lourdes-france.com
Tel: 05 62 42 79 95



OTHER SUGGESTIONS

VOLUNTEERING AT THE SANCTUARY

Volunteering means embracing the adventure of meeting people, listening to them, sharing with them and working with them. It means giving a little of your time to help others. And without even realising it, you'll be benefitting enormously!

The International Volunteer Centre of the Sanctuary of Our Lady of Lourdes welcomes volunteers from 1st April to 31st October. www.lourdes-france.com/benevole/

SERVING THE SICK

If you would like to serve the sick, there are two possibilities:

- to serve the sick at the Accueil Saint Frai or the Accueil Notre Dame, in the bedrooms, in the refectory or as a porter, contact: sjeunes@lourdes-france.com, we will put you in touch with a Hospitality.
- to serve the sick in the Sanctuary, if you are a minor, contact: sjeunes@lourdes-france.com

If you are over 18, contact the HNDL (Hospitality of Our Lady of Lourdes) directly:
<https://hospitalite-nd-lourdes.com/fr/>



SANCTUAIRE NOTRE-DAME DE LOURDES



ACCUEIL
7j/7

Informations • Vidéos • Documentation



Accueil et Services

- 01 Accueil**
Reception/Information - Centro di accoglienza - Acogida/Recepción
- 02 Librairie**
Book shop - Libreria - Libreria
- 03 Offrandes de messes et dons**
Mass offerings and donations
Offerte per le messe e donazioni
Ofrendas de misas y donativos
- 04 Bureau des constatations médicales**
Office of Medical Observations
Ufficio delle constatationi mediche
Oficina de las constataciones médicas
- 05 Hôpital Notre-Dame de Lourdes**
Hospital of Our Lady of Lourdes
Hospital de Nuestra Señora de Lourdes
Hospital de Nuestra Señora de Lourdes

Le Pèlerinage

- 06 Chapelle des confessions**
Chapel of Reconciliation
Cappella delle confessioni
Capilla de las confesiones
- 07 Chemin de Croix des Espéugues**
Way of the Cross - High Stations
Via Crucis delle Espéugues
Viacrucis de las "Espéugues"
- 08 Chemin de Croix de la Prairie**
Way of the Cross - Low Stations
Via Crucis dei Malati
Viacrucis de los enfermos
- 09 Piscines**
Baths
Piscine
Piscinas
- 10 Adoration**
Adoration
Adorazione
Adoración

Musées

- 11 Musée Bernadette**
St Bernadette Museum
Museo Santa Bernadette
Museo Santa Bernadetta
- 12 Musée des miraculeux**
Museum of the Miraculously Healed
Museo dei miracolati
Museo de las personas curadas milagrosamente

Les basiliques

- 4 Basilique Notre-Dame du Rosaire - Mosaïques**
Rosary Basilica - Mosaics
Basilica Nostra Signora del Rosario - Mosaici
Basilica Nuestra Señora del Rosario - Mosaicos
- 5 Basilique de l'Immaculée Conception et Crypte**
Basilica of the Immaculate Conception and Crypt
Basilica dell'Immacolata Concezione e Cripta
Basilica de la Inmaculada Concepción y Cripta
- 6 Basilique souterraine Saint-Pie X**
Underground Basilica of St. Pius X
Basilica San Pio X
Basilica San Pio X

Chemin du pèlerin

- 1 Grotte**
grotto
Grotta
- 2 Fontaines - Geste de l'eau**
Water Taps - Water gesture
Fontaine - Gesto dell'acqua
Fuentes - Gesto del agua
- 3 cierges**
Candles
Candele
Velas

Eglises et chapelles

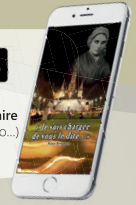
- 7 Église Sainte-Bernadette**
Church of St. Bernadette
Chiesa Santa Bernadette
Iglesia Santa Bernadita
- 8 Chapelle Saint-Joseph**
St. Joseph's Chapel
Cappella San Giuseppe
Capilla San José
- 9 Chapelle Notre-Dame**
Notre-Dame Chapel
Cappella Notre Dame
Capilla Notre-Dame

Hébergements

- 01 Accueil Notre-Dame**
Accueil Notre-Dame
Accueil Notre-Dame
Centro de Acogida de Enfermos Notre-Dame
- 02 Village des Jeunes**
Youth Village
Villaggio dei Giovani
Cuidad de los Jóvenes
- 03 Cité Saint-Pierre**
Cité Saint-Pierre
Città San Pietro
Cité Saint-Pierre
- 04 Maison Saint-Pierre et Saint-Paul**
Saint Peter and Saint Paul's House
Casa San Pietro e San Paolo
Casa San Pietro y San Pablo
- 05 Hôpital - Marthe et Marie**
Hospital - Martha and Marie
Casa Marta e Maria
Hospital - Marta y Maria
- 06 Foyer Ave Maria**

Disponible sur Google play Disponible sur App Store

Téléchargez gratuitement l'application officielle du Sanctuaire (plan interactif, géolocalisation, vidéo...)



TO LEARN MORE IN THE FOOTSTEPS OF BERNADETTE

Make the most of your pilgrimage by exploring these two other major sites near Lourdes, which have been shaped by the presence of Saint Bernadette.



Bartrès

Discover Bartrès, a charming little village nestling in the Bigourdan countryside, with its picturesque and unspoilt sites where Bernadette Soubirous spent her time.

It was in this village from November 1845 to April 1846 that Bernadette Soubirous, barely ten months old, was entrusted to the care of Marie Lagües, who had just lost her baby boy.

In September 1857, when she was 13 years old, her former nanny, in need of help, brought her back to look after her young children and entrusted her with the care of a flock of sheep. Bernadette returned to her family in Lourdes in January 1858, just a few weeks before the first apparition of the Virgin Mary at the Grotto of Massabielle.

A pretty, signposted path (5 km - 1hr 15 walk) links the Sanctuary of Lourdes to the village of Bartrès, where you can visit the sheepfold where Bernadette tended her flock, as well as the church of Saint- John the Baptist.

For bookings (mass in the church, group visits), please contact

**Capuchin Sisters of the Immaculate Conception of Lourdes
La Pastourelle - 20 rue de l'église 65100 Bartrès
reservation@la-pastourelle-bartres.fr - 05.62.94.10.41**

Sanctuary of Our Lady of Betharram

Bétharram, in the Béarn region of France, is a very old Marian sanctuary. At its foot runs the Gave, which, some fifteen kilometres upstream, borders the grotto in Lourdes.

At this spot, more than 500 years ago, a young girl was picking flowers by the river. The waters were deep and full of eddies.

To complete her bouquet, she unexpectedly ventured close to the bank; her foot slipped on the wet grass; in an instant, she was swept away by the current. There was no one to hear her cry for help; but her faith was greater than her fear. She invoked the Blessed Virgin.

Immediately, a branch from who knows where appeared on the surface of the water. The little girl clung to it and was pulled to shore.

As a sign of gratitude for the grace she had received, she had a goldsmith make her a golden branch, which she offered to the Virgin of the Sanctuary. Since then, she has been venerated as Our Lady of the Beautiful Branch, beth-arram in the Béarn dialect.

The rosary that Bernadette used during the apparitions had been bought during a pilgrimage to Betharram, a few days before the apparitions. Afterwards, she had several opportunities to speak with the future saint, Father Michel Garicoïts, and to tell him about the extraordinary experience with which she had been blessed.

Information and bookings:

Accueil Notre-Dame

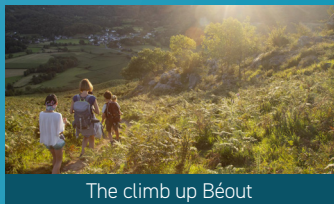
**Place Saint Michel Garicoïts 64800 Lestelle-Bétharram
06 73 09 91 70 - accueil@betharram.fr**



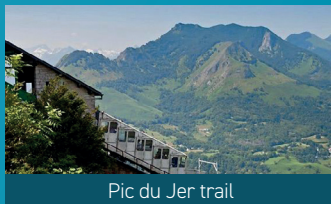
TRIED AND APPROVED BY THE TEAM



The Eagle Keep



The climb up Béout



Pic du Jer trail



Hike to the Lourdes Lake



Visit to the Château Fort



Chlorofil Park



Visit to 'Little Lourdes'



Pyrenees wildlife park



Discover the abbey of St-Savin



Bernadette's prayer to Jesus

O Jesus, give me I pray ...

the bread of humility,

the bread of obedience,

the bread of charity,

the bread of strength to break my will, and make it one with yours,

the bread of patience to bear the pain my heart endures,

the bread to see you and you alone in all things and always!

